



The Open Crypt: Car Checklist



Certain things don't need to be on your person at all times, but are handy to have nearby in case they are needed. This is our car checklist for things that 'live' in the car boot. We use this when we're going away because often things get moved or temporarily taken out and then not put back again.

This list is used in conjunction with the Bag Checklist.

Practical Items. *These are things that are used regularly by us, because of the nature of Bob's MS he can go from hot to cold in minutes, so we keep both warm weather and cold weather accessories for when he needs them.*

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| ☐ Spare Hat/Cap | ☐ Waterproof coats | ☐ Hoodie |
| ☐ Gloves | ☐ Spare change of clothes | ☐ A cushion |
| ☐ First Aid Kit | ☐ Cool Box | ☐ Cool bag |
| ☐ Bottles of Water | ☐ Long-Life Snack | ☐ Can Covers |
| ☐ Straws | ☐ Spare Walking Stick | ☐ Rollator |
| ☐ Baby Wipes | ☐ Non-Prescribed Medicines | ☐ Deodorant |
| ☐ Travel Urinal | ☐ Health File | ☐ Sun-Screen |

Add your own. *This section has been left intentionally blank for you to add anything else that you rely on or want that we haven't included.*

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