



The Open Crypt: Bag Checklist



Use this as a guide to tailor the list for your own needs.

This list is designed for a small backpack sized bag.

Practical Items.

We also keep a list of current medications and important contacts written down in case of emergencies.

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|---------------------------------------|--|--|
| ☐ Purse/Wallet | ☐ Bank Cards/Cash | ☐ Access/ID cards |
| ☐ Medication | ☐ Shopping bags | ☐ A pen |
| ☐ Phone | ☐ Small notebook | ☐ Handheld Fan |
| ☐ Keys | ☐ Power Bank | ☐ Face Mask |
| ☐ RADAR Key | ☐ Sun-Screen | |

Food and Drink. *It may be handy to have a long-life snack like dried fruits and nuts or a muesli bar as well as a piece of fresh fruit.*

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|---------------------------------------|--|------------------------------------|
| ☐ Water Bottle | ☐ Travel Cup with lid | ☐ Snack |
| ☐ Fruit | ☐ Straws | ☐ Can Cover |

Hygiene. *It can be handy to use a small cosmetic bag and travel sized items to create a small hygiene pack if you suffer with bladder or bowel health issues.*

- ☐ Spare Underwear ☐ Sandwich bag ☐ Baby Wipes
- ☐ Deodorant/Body Spray ☐ Sanitary/Incontinence Pads

Add your own. *This section has been left intentionally blank for you to add anything else that you rely on or want that we haven't included.*

☐ _____	☐ _____	☐ _____
☐ _____	☐ _____	☐ _____

Additional Notes. *Use this section to add any additional information that will help you on the day such as prices, parking costs, opening times etc.*
